

## CORRECTIONS EXERCICES ANGLAIS

### The Apgar score

**Activity 1:** 1. c 2. d 3. e 4. f 5. b 6. a

**Activity 2:** 1. acronym 2. eponym 3. anaesthetist 4. obstetrics 5. cardiopulmonary 6. newborn

**Activity 3:** 1. b 2. b 3. a 4. c

**Activity 4:** 1. pale 2. blueish 3. beats per minute 4. no response 5. active 6. hypoventilation

#### **Activity 5 :**

explain APGAR

check baby's condition

check baby's colour

check baby's heart rate

check reflex irritability

check muscle tone

check respiratory effort

ask for overall score

score of eight

wrap baby warmly and check later

**Activity 6 :** 1. F 2. T 3. T 4. F 5. T 6. T

#### **Transcript**

Nurse : I am going to do an APGAR score for your baby now.

Baby's Mother :What's that ?

Nurse : It's a way to check your baby's physical condition soon after birth.

Baby's Mother : I see. What are you going to do ?

Nurse : First, I'm going to look at his colour. To see if he is pink all over. He's quite pink, but his hands and feet are a bit blueish. That means that his blood isn't quite reaching to his hands and feet yet.

Baby's Mother : Oh, I see

Nurse : Now, I'll listen to your baby's chest to check his heart rate.

Baby's Mother : Is it OK ?

Nurse : Yes, it's fine. 120 beats per minute.

Baby's Mother : OK.

Nurse : I'll check how irritable he is next. I'll tap under his feet to check his response.

Baby's Mother : What did he do ?

Nurse : He screwed up his face, but he didn't cry. That's called a grimace.

Baby's Mother : OK.

Nurse : Now I'll check his muscle tone. I'm going to gently bend his arms and legs and see, if they go back to their original position. Yes, that's good. He is quite active !

Baby's Mother : Great. Are you finished now ?

Nurse : One more thing to check. His respiratory effort. That means how easy it is for him to breathe.

Baby's Mother : He's crying now. How can you check his respiratory effort ?

Nurse : He's fine ! Because he was crying, he scores a 2 !

Baby's Mother : That's good. What was his overall score ?

Nurse : Let me see. Appearance one, because his hands and feet are still a bit blue. Heart rate over 100, so he receives a 2. For reflex irritability he gets a one, because he only had a slight response. His muscle movement was good, so that's a 2. And he scored a 2 as well for respiratory effort. Overall, your baby scored an eight. It shows that he is breathing well on his own, and his heart is beating strongly too.

Baby's Mother : What about his hands and feet ? You said that they were blue.

Nurse : Don't worry. I'll wrap him up warmly and check them in a little while.

Baby's Mother : OK. Thank you.